

CLASS NUMBER AND NAME:	MDN400B MEDICAL CAREER PREPARATION	
TOTAL HOURS/UNITS:	24 HOURS	1.0 UNIT
PREREQUISITES:	This course is scheduled during the students last quarter to maximize the outcomes as the student transitions from school to the work place.	
TEXTS AND MATERIALS:	<u>Stress Management – Strategies for Emotional Fitness</u> Merrill F.Raber, MSW, Ph.D. George Dyck, M.D. with Barbara Preheim, MSW, Third Edition (ISBN 9781418847104) Study guides (provided by instructor), E-Library and internet	
CLASS DESCRIPTION:	Students will complete three projects to ready them for the job market: creation of a professional portfolio, a comprehensive study of stress management, and a research paper on a medical topic of interest to them.	
CLASS OBJECTIVES:	To provide the student an opportunity to utilize stress management techniques in their own life and assess their response to difficult work situations. The student will also be creating a professional portfolio in preparation for graduation and career placement. The Medical Research paper allows a student to refresh their anatomy and terminology knowledge as well as their grammar skills to prepare a report on the medical topic of their choice	
CLASS FORMAT OVERVIEW:	This class is a self paced learning opportunity with access to an instructor for questions and clarification.	
REQUIREMENTS:	The student must complete the workbook pages (pass/fail). A portfolio must be submitted with all the items listed in the class outline. The research paper must be a minimum of four pages with references. A minimum of one resource must be from the E-Library.	
CLASS ATTENDANCE:	It is expected that each student will check in daily. Students who do not check in within the first week of class will automatically be dropped from the course.	
TESTING:	The student must complete all three components of this course. No written exams are given.	

LATE TESTING:

A 10 PERCENT PENALTY WILL BE ISSUED FOR EACH DAY AN ASSIGNMENT IS LATE.

GRADING POLICIES:

The emphasis on the course is the practical application of what the student has learned. Points are given for workbook assignments, class portfolio, and research paper.

The final grade is determined as follows:

Stress Management Book.....	33.5%
Professional Portfolio.....	33%
Research Paper.....	33.5%

The grading is as follows:

90 – 100%	A
80 – 89%	B
70 – 79%	C
60 – 69%	D
59% or lower	F

The final grade for this class will be lowered by one letter grade if the assignments are not completed in the module they were assigned.

ANTICIPATED LEARNING OUTCOMES:

Upon completing this course, the student will be able to:

1. Identify Stressful situations in a personal or professional environment and know how to modify their responses.
2. Know what triggers their personal stress responses and how to counteract negative reactions to stress.
3. Utilize a professional portfolio in any interview situation.
4. Have all necessary documents and certificates obtained during their schooling in one place and feel prepared to use them in an interview setting.
5. Complete a research paper including references from professional sources.